

Anno Scolastico 2023/24

Classe V

Disciplina: Lingua e civiltà inglese

Testi in adozione:

- 1) Morris with Smith *Mastering Cooking*, ELi Publishing
- 2) Training for *Successful Invalsi*

**Dal testo *Mastering Cooking*:**

**UNIT 7: Ripasso:**

**Cooking Techniques**

- Cutting techniques p. 120
- Pre-cooking techniques p. 121
- Water cooking techniques p. 122
- Cooking with fats p. 123
- Heat cooking techniques p. 124
- Mixed cooking techniques p. 125
- Molecular gastronomy p. 126 e 127
- Plating and presenting food p.128

**UNIT 9**

**Diet and Nutrition:**

- Healthy eating p. 156 e 157
- The Mediterranean diet p. 158
- Other types of diet p. 159
- Alternative diets p. 160 e 161
- Religious dietary choices p. 162
- Teen and sport diets p. 163
- Special diets for food allergies and intolerances p. 164
- Mastering Recipes p. 169
- The Slow Food Movement p. 171 (Invalsi Training)

**UNIT 10**

**Safety procedures:**

- Food safety and food quality p. 172
- HACCP p. 173

HACCP principles p. 174  
Food contamination p. 175  
Risks and preventive measures p. 176 e 177

## **UNIT 11**

### **The World of Pastry:**

The craft of pastry making and baking p. 190  
A brief history of baking p. 191  
The pastry brigade p. 192  
Places of work p. 193  
Prova Invalsi p. 203

## **CULTURE:**

### **Dossier 1 The United Kingdom**

Quick facts p. 254  
UK political system p. 255  
British cuisine: traditions and festivities: Christmas Day p. 261

### **Dossier 2 The United States of America**

Quick facts p. 266  
US political system p. 267  
A brief history of the USA p. 268 e 269  
Key moments in the 20<sup>th</sup> and 21<sup>st</sup> centuries p. 270  
Thanksgiving Day p. 272  
Halloween p. 273

### **Dossier 4 Enogastronomic Tour of Italy**

Food and wine in north-west Italy p. 286 e 287  
Food and wine in Emilia Romagna and north-east Italy p. 288 e 289  
Food and wine in Central Italy p. 290 e 291  
Food and wine in Southern Italy and islands p. 292 e 293  
Most famous Italian food products p. 294 e 295

### **Dal testo *Training for Successful Invalsi:***

Reading p. 30 e 31, p. 32 e 33  
Listening 1, 2  
Language Practise p. 80.