

I.I.S “A. FARNESE” – CAPRAROLA

ANNO SCOLASTICO 2021-2022

MATERIA: LINGUA E CIVILTÀ' INGLESE

DOCENTE: MARIA GRAZIA DE FAZI

CLASSE: 5 D

INDIRIZZO: TECNICO DEI SERVIZI DELLA RISTORAZIONE

**PROGRAMMA SVOLTO**

LIBRI DI TESTO:

Catrin Elen Morris with Alison Smith, **MASTERING COOKING**, Eli Publishing.

Radley P., Simonetti D. **NEW HORIZONS DIGITAL** Vol 2, Oxford

**Reading strategies:**

- a) scanning
- b) skimming
- c) reading for the gist
- d) intensive reading

**Text processing:**

- a) identifying paragraphs
- b) identifying topic sentences, supporting sentences, explanations
- c) summary writing (guided)
- d) Identifying and using key words/concepts

**Grammar: structures**

**Revision**

- a) **Unit 3**; First conditional ; When, as soon as, unless ; Defining relative clauses
- b) **Unit 5**; Past continuous (all forms) ; Past simple vs. Past continuous

**New items**

- c) **Unit 6**; Present perfect con **for** e **since**; Present perfect vs Past simple
- d) **Unit 8**; Expressions with make, do, get ; Present simple passive
- e) **Unit 11**; Second conditional, Wish+Past simple, Make + Object+Adjective/Verb
- f) **Unit 12**; Past perfect; Past perfect and simple past; cenni al Reported speech (consecution temporum).

## ARGOMENTI RELATIVI AL SETTORE D'INDIRIZZO

### **MODULE 7: Cooking techniques**

- A) Cutting techniques
- B) Pre-cooking techniques
- C) Water cooking techniques
  - Poaching
  - Blanching
  - Boiling
  - Steaming
- D) Cooking with fats
  - Deep fat frying
  - Frying
  - Sautéing
  - Griddle or fry top cooking
- E) Heat cooking techniques
  - Grilling
  - Spit roasting
  - Roasting
  - Cooking au gratin
  - Baking
  - Microwaving
- F) Plating and presenting food
- G) Linguistic Lab: Preparing a dish

### **MODULE 9: Diet and Nutrition**

- A) Diet and nutrition
- B) The Mediterranean diet
- C) Other types of diet
  - Japanese Diet
  - Nordic Diet
  - French Diet
  - West African Diet
- D) Alternative Diets
  - Vegetarian Diet
  - Vegan Diet
  - Macrobiotic Diet

- Raw Food Diet
- E) Religious Dietary Choices
  - Hindus
  - Buddhists
  - Sikhs
  - Christians
  - Kosher
  - Halal
- F) Teen and sport Diets
- G) Special diets for food allergies and intolerances
- H) Linguistic Lab: Getting to know food intolerances

### **MODULE 10: Safety Procedures**

- A) Food safety and food Quality
- B) HACCP
- C) HACCP principles
- D) Risks and preventive measures
- E) Food preservation

### **CITTADINANZA E COSTITUZIONE**

- a) **The Mediterranean Diet (Characteristics)**
- b) **The Mediterranean Diet as an example of sustainability**
- c) **Notes on the Double Pyramid**

### **ARGOMENTI TRATTI DA ALTRE FONTI**

[www.barillacfn.com](http://www.barillacfn.com)

**Fondazione Barilla Center for Food and Nutrition**

**“The Mediterranean Diet as an example of sustainability”**

In Fede.

Prof.ssa Maria Grazia De Fazi