

Classe V sez. A

Disciplina: Lingua e civiltà inglese

Testi in adozione:

- 1) Morris with Smith *Mastering Service*, ELi Publishing
- 2) Training for *Successful Invalsi*

**Dal testo *Mastering Service*:**

#### **UNIT 5**

##### **Diet and Nutrition:**

- Healthy eating p. 78 e 79
- The Mediterranean diet p. 80
- Other types of diet p. 81
- Alternative diets p. 82 e 83
- Religious dietary choices p. 84
- Teen and sport diets p. 85
- Special diets for food allergies and intolerances p. 86
- Healthy recipes p. 91
- Reading: The Slow Food Movement p. 93 (Invalsi training)

#### **UNIT 6**

##### **Safety procedures:**

- Food safety and food quality p. 94
- HACCP p. 95
- HACCP principles p. 96
- Food contamination p. 97

#### **UNIT 8**

##### **The Art of Service**

- Types of service p. 124 e 125
- Flambé and flamed dishes p. 126
- Filleting and carving p. 127
- Serving wine p. 128
- Pairing food and wine p. 129

## **UNIT 11**

### **Beverages:**

- Wine p. 174 e 175
- Wine appellation p. 176 e 177
- Beer p. 178 e 179
- Spirits and liqueurs p.180 e 181
- Cocktails p. 182 e 183
- The unforgettables p. 188
- Contemporary classics p. 188
- Hot drinks p. 185

### **CULTURE:**

#### **Dossier 1 The United Kingdom**

- Quick facts p. 210
- UK political system p. 211
- Key moments in the 20<sup>th</sup> and 21<sup>st</sup> centuries p. 214
- Christmas Day p. 217

#### **Dossier 2 The United States of America**

- Quick facts p. 222
- US political system p. 223
- Key moments in the 20<sup>th</sup> and 21<sup>st</sup> centuries p. 226
- Thanksgiving Day p. 228
- Halloween p. 229

#### **Dossier 4 Enogastronomic Tour of Italy**

- Food and wine in north-west Italy p. 242 e 243
- Food and wine in Emilia Romagna and north-east Italy p. 244 e 245
- Food and wine in Central Italy p. 246 e 247
- Most famous Italian food products p. 250 e 251

#### **Dal testo *Training for Successful Invalsi:***

- Reading p. 30 e 31, p. 32 e 33.
- Listening 1, 2
- Language Practice 1.